

WHAT DOES MY PRESCRIPTION LABEL SAY?



WHAT'S HERE?

Your pharmacy bottle has a lot of small print, and every part tells you something you need to know. Here is how to read it, one piece at a time.

DRUG NAME & STRENGTH

Lisinopril 10mg. The name is the medicine; the number is how much is in each tablet. A brand name in parentheses ("Zestril") is the same medicine.

YOUR NAME & RX NUMBER

Check the name is yours first. The Rx number (like #4827193) is what you give the pharmacy to ask for a refill.

THE DIRECTIONS

Take 1 tablet by mouth once daily. The most important line. It tells you how much to take, how to take it, and how often.

DATES & REFILLS

Filled 07/24/2026; discard after 07/24/2027. Do not use the medicine after the discard date without asking your pharmacist. "Refills: 2" is how many times you can get more.

Every part of the label explained

Patient name

Make sure the medicine is for you

1

Drug name

Generic and Brand name

2

Strength

How much is in each tablet

3

Directions

Follow these exactly

4

Quantity

How many are in the bottle

5

6



Pharmacy phone

Call if you have questions

7



Rx number

Use it when you call for a refill

8



Refills

How many more times you can refill

9



Prescriber

The provider who ordered it

10



Fill date

The day the pharmacy prepared it

11



Discard date

Do not use after this date

WHAT THE DIRECTIONS REALLY MEAN

"ONCE DAILY"

One dose every day. Pick a time and keep it the same.

"TAKE WITH FOOD"

Take it with a meal or a snack.

"AS NEEDED"

Take it only when you have the symptom.

"FINISH ALL"

Keep taking it until it is gone, even if you feel better.

TRY THIS TODAY

- ☒ **Find the discard-after date on one of your medications.** Pull one bottle from your cabinet and look for it. If the date has passed, ask your pharmacist whether it's still safe to use and how to dispose of it safely.

This is general health education, not medical advice. Always talk to your doctor or pharmacist about your specific medications.

Sources: Label parts and what they mean (MedlinePlus). Generic and brand-name drugs contain the same active ingredient (FDA). Safe disposal of unused medicine (FDA).

v1.0 | Reviewed July 28th, 2027



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